

CAREER CENTER NEWSLETTER

You have a career goal in mind, but you are unsure how to get there. You want to progress professionally, but you are not sure what next steps should be.

A **Mentor** has the potential to shape your professional interactions by providing guidance, sharing experiences, and changing perspectives. The relationship between mentor and mentee provides a unique opportunity for learning and personal development.

This newsletter gives information on how to find a mentor and start with your mentee-mentor relationship.

Define your goal



To find a mentor who is able to help with your developmental goals.

- Define a **practical question** that the mentor can advise on and support you with.
- Think about your **career goals**. Do you want to stay in academia? Do you want to develop yourself in a particular area?
- Structure your first meeting by having a clear focus. This leads to clear communication about your **needs and expectations** from the mentor-mentee relationship.

Find a mentor



Look for someone who has successfully progressed on the career path you wish to pursue.

- Start the search for a mentor in your already existing **personal and professional networks**.
- Search through the list of speakers at conferences, workshops and seminars you have attended to see if there is someone with a **suitable profile**.
- Search on social media platforms, such as **LinkedIn**, join alumni groups, check out profiles of people working in your field of interest.

Join a Program



The **Career Center Telegrafenberg** organises the **COMPASS Mentoring program** in a joint initiative with the seven Helmholtz Centers in the research field Earth & Environment. This program provides support in active and goal-oriented career development for postdoctoral researchers & science managers.

We are looking forward to your application for the next cohort in the COMPASS Mentoring program. **Application closes on October 4th 2023.**