Define your goal

To find a mentor who is able to help with your developmental goals.

- Define a **practical question** that the mentor can advise on and support you with.
- Think about your **career goals**. Do you want to stay in academia? Do you want to develop yourself in a particular area?
- Structure your first meeting by having a clear focus. This leads to clear communication about your **needs and expectations** from the mentor–mentee relationship.

Find a mentor

Look for someone who has successfully progressed on the career path you wish to pursue.

- Start the search for a mentor in your already existing **personal and professional networks**.
- Search through the list of speakers at conferences, workshops and seminars you have attended to see if there is someone with a **suitable profile**.
- Search on social media platforms, such as **LinkedIn**, join alumni groups, check out profiles of people working in your field of interest.

Join a Program

The **Career Center Telegrafenberg** organises the **COMPASS Mentoring program** in a joint initiative with the seven Helmholtz Centers in the research field Earth & Environment. This program provides support in active and goal-oriented career development for postdoctoral researchers & science managers.

We are looking forward to your application for the next cohort in the COMPASS Mentoring program. **Application closes on October 4th 2023.**